



The following menu items are available at Recess and Lunch Monday to Friday

SANDWICHES (Sandwiches can be toasted for an additional 30c)

Vegemite EF (Mightymite for GF)	\$2.20	\$2.70 GF	Egg/Lettuce (Mon-Thu only)	\$4.00	\$4.50 GF
Honey EF	\$2.20	\$2.70 GF	Egg (Mon-Thu only)	\$3.80	\$4.30 GF
Strawberry Jam EF	\$2.20	\$2.70 GF	Curried Egg/Lettuce (Mon-Thu only)	\$4.00	\$4.50 GF
Cheese EF	\$2.50	\$3.00 GF	Curried Egg (Mon-Thu only)	\$3.80	\$4.30 GF
Cheese/Tomato EF	\$3.00	\$3.50 GF	Cheese/Vegemite Scroll EF	\$2.50	
Cheese/Vegemite	\$2.70	\$3.20 GF			

WRAPS AND SALAD BUNS (made fresh to order each day)

Small

Large

Salad Wrap EF (GF available on request \$5.00) (lettuce, tomato, cucumber, carrot, cheese, mayonnaise) ADD EGG FOR AN ADDITIONAL 50C	\$4.50	\$6.00
Salad Bun EF (GF available on request \$5.00) (lettuce, tomato, cucumber, carrot, cheese, mayonnaise) ADD EGG FOR AN ADDITIONAL 50C	\$4.50	
Gourmet Wrap EF (GF available on request \$6.00) (lettuce, tomato, cucumber, haloumi cheese, roast pumpkin, hummus)	\$5.50	\$7.00
Gourmet Bun EF (lettuce, tomato, cucumber, beetroot, carrot, haloumi cheese, guacamole on a turkish bread bun)	\$7.00	

SALADS (made fresh to order each day)

X-small

Small

Large

Pumpkin Feta Salad EF (lettuce, feta, roast pumpkin, tomato, red onion, cucumber, sunflower seeds, honey balsamic dressing)		\$4.50	\$6.00
Garden Salad GF EF (lettuce, cucumber, carrot, capsicum, tomato, cheese, balsamic dressing) ADD EGG FOR AN ADDITIONAL 50C		\$4.50	\$6.00
Greek Salad GF EF (lettuce, cucumber, tomato, red onion, olives, feta, Italian dressing)		\$4.50	\$6.00
Seasonal Fruit Salad GF EF DF (Term 1 and 4 only)	\$3.50	\$4.50	\$6.00

SNACKS

Weetbix Chocolate Slice EF	\$1.00	White Choc Chip Cookie	\$1.00	Hummus with Carrot, Cucumber and Celery Sticks GF EF DF	\$3.50
Apricot Coconut Bites (2) GF EF DF	\$1.20	Chocolate Chip Cookie	\$1.00	Hummus with Carrot, Cucumber, Celery sticks and Cheese GF EF	\$4.00
Chocolate Coconut Bites (2) GF EF DF	\$1.20	Mini Double Choc Chip Cookie	50c	Muffin of the day - made fresh each day (see specials table)	\$2.50
Piece of Fruit – Apple or Banana GF EF DF	\$1.00	Banana Bread	\$2.50	Yoghurt & homemade muesli cup with fruit (see specials table)	\$3.50
Orange (cut) GF EF DF	\$1.50	Banana Bread Toasted (Butter add 30c)	\$2.80	Boiled Egg	50c
Apple Slinky GF EF DF	\$2.00	Chocolate Cake Slice GF	\$1.00	Cheese and Crackers	\$2.20

LUNCH FOODS

HOT FOOD

Small

Medium

Large

Nachos GF EF (corn chips, cheese, beans, sour cream, guacamole)	\$4.50	\$6.50	\$8.00
Haystacks GF EF (same as nachos plus - lettuce, cucumber, tomato, capsicum)	\$5.00	\$7.00	\$8.50
Hotdog EF (sauce extra 30c)			\$3.50
Hotdog and Cheese EF (sauce extra 30c)			\$3.80
Jacket Potato w Sour Cream and Cheese GF EF (Potato, cheese, sour cream)			\$4.00
Jacket Potato Nacho Style GF EF (same as above plus + beans)			\$5.00
Homemade Spinach and Feta Roll (sauce extra 30c)			\$4.50
Homemade Vegetarian Sausage Roll (sauce extra 30c)			\$4.50

SPECIALS OF THE DAY The following menu items are only available on the day specified below.

Mon	Vege Burger Regular - \$5.00 <i>(lettuce, tomato, cucumber, cheese, mayo and vegetable pattie)</i>	Apple Strudel Muffin - \$2.50	Apple yoghurt cup & muesli - \$3.50 EF
	Vege Burger Works - \$5.50 <i>(lettuce, tomato, cucumber, cheese, mayo, beetroot, carrot and vegetable pattie)</i>		
Tues	Vege Burger Regular - \$5.00 <i>(lettuce, tomato, cucumber, cheese, mayo and vegetable pattie)</i>	Mixed Berry & White Choc Muffin - \$2.50	Mixed Berry yoghurt cup & muesli - \$3.50 EF
	Vege Burger Works - \$5.50 <i>(lettuce, tomato, cucumber, cheese, mayo, beetroot, carrot and vegetable pattie)</i>		
Wed	Cheese Pizza - \$4.00 EF <i>GF AVAILABLE ON REQUEST</i>	Peach and Coconut Muffin - \$2.50	Peach yoghurt cup & muesli - \$3.50 EF
Thurs	Gnocchi with Homemade Napolitano sauce & parmesan cheese Small \$5.00 Large \$6.50 EF <i>GF AVAILABLE for additional \$1.00</i>	Banana and Choc Chip Muffin - \$2.50	Banana yoghurt cup & muesli - \$3.50 EF
Fri	Cheese and Pineapple Pizza - \$4.50 EF <i>GF AVAILABLE ON REQUEST</i>	Raspberry & White Choc Muffin - \$2.50	Raspberry yoghurt cup & muesli - \$3.50 EF
	Macaroni and Cheese with Homemade sauce EF Small \$4.50 Large \$6.00 <i>GF AVAILABLE for additional \$1.00</i>		

DRINKS

Poppers – Apple & Apple/Blackcurrant	\$1.50	Glee – Rocking Raspberry, Blackcurrant Burst, Tropical Treat & Bubblegum Grape	\$2.50	
Up & Go – Chocolate, Vanilla, Banana & Strawberry	\$3.00			
Chill Iced Tea – Raspberry, Peach & Blackcurrant	\$2.50	Spring Water	500ml	\$1.50
Breaka 300ml – Chocolate, Strawberry & Iced Coffee	\$2.50	Spring Water	1L	\$2.00
Breaka 500ml - Chocolate, Strawberry, Vanilla & Iced Coffee	\$3.70			
Sipahh Straws – Chocolate, Strawberry, Banana, Cookies & Cream, Choc Mint	50c	Waterfords Sparkling Mineral Water – Tahitian Lime, Orange Passionfruit, Orange Mango & Apple Berry		\$3.50
Milk – Full Cream 300ml	\$1.20	Slushie (Terms 1 & 4 only) Small		\$1.70
Hot Chocolate (Term 2 & 3 only)	\$2.50	Slushie (Terms 1 & 4 only) Medium		\$2.20

CHIPS

ICE CREAMS

Piranha Snaps GF EF DF - Oregano & Thyme, Light & Tangy, Salsa & Smokehouse BBQ	\$2.00	Twisted Frozen Yogurt GF – Watermelon/Mango, Strawberry/Vanilla & Chocolate/Vanilla	\$2.50
Popcorn 13g GF EF DF	\$0.50	Paddlepops – Chocolate & Rainbow	\$2.00
Smiths 45g GF - Cheese & Onion, BBQ, Original & Salt & vinegar	\$2.50	Quelch Fruit Sticks – Orange, Mango, Tropical & Pineapple	50c
Red Rock Deli 45g - Sweet Chilli & Sour Cream, Sea Salt & Balsamic Vinegar	\$2.50	Licks Icecream GF DF - Berry Buzz, Mango Delish & Pink Lemon Twist	\$2.00
Pretzels 30g DF EF	\$1.40	Icy Twist GF DF	\$1.50
Grain Waves 28g - Sour Cream & Chives	\$1.50	Bulla Vanilla Cup GF	\$1.50
		Mini Calippo GF DF - Raspberry/Pineapple	\$1.20

Please note: Primary school (Prep to Year 6) students will not be permitted to purchase iced coffee.