NORTHPINE CHRISTIAN COLLEGE

NORTHPINE NIBBLES MENU 2022 Term2

GF - Gluten Free EF – Egg Free DF – Dairy Free

The following menu items are available at Recess and Lunch Monday to Friday

SANDWICHES (Sandwiches can be toasted for an additional 30c)

Vegemite EF DF	$2.20	N/A	Egg (Mon-Thu) DF	$3.80	$4.30 GF
Honey EF DF	$2.20	$2.70 GF	Egg & Lettuce (Mon-Thu) DF	$4.00	$4.50 GF
Cheese EF	$2.50	$3.00 GF	Strawberry Jam EF DF	$2.20	$2.70 GF
Cheese & Tomato EF	$3.00	$3.50 GF	Cheese & Vegemite Scroll EF	$2.50	N/A
Cheese & Vegemite EF	$2.70	$3.20 GF	Bagel & Cream Cheese	$2.50	N/A

WRAPS AND SALAD BUNS (made fresh to order each day)	Gluten Free	Small	Large
Salad Wrap EF Add Egg 50c (Lettuce, Tomato, Cucumber, Carrot, Cheese, Mayonnaise)	$5.00 GF	$4.50	$6.00
Salad Bun EF Add Egg 50c (Lettuce, Tomato, Cucumber, Carrot, Cheese, Mayonnaise)	$5.00 GF	$4.50	N/A
Falafel Wrap EF Add Egg 50c (Lettuce, Tomato, Cucumber, Carrot, Tzatziki, Falafel)	$6.00 GF	$5.50	$7.00
Mediterranean Wrap EF Add Egg 50c Toasted 30c (Sun Dried Tomato Pesto, Spinach, Eggplant, Zucchini, Capsicum, Haloumi)	$6.00 GF	$5.50	$7.00

SALADS (made fresh to order each day)	XSmall	Small	Large
Mediterranean Salad GF EF Add Egg 50c (Sun Dried Tomato Pesto, Spinach, Feta, Eggplant, Zucchini, Capsicum)		$5.00	$6.50
Garden Salad GF EF Add Egg 50c (Lettuce, Cucumber, Carrot, Capsicum, Tomato, Cheese, Balsamic Dressing)		$4.50	$6.00
Greek Salad GF EF Add Egg 50c (Lettuce, Cucumber, Tomato, Red Onion, Olives, Feta, Italian Dressing)		$4.50	$6.00
Budda Bowl with Falafel or Haloumi Cheese GF EF Add Egg 50c (Lettuce, Cucumber, Rice & Quinoa, Black Beans, Corn, Guacamole)		N/A	$6.50
Seasonal Fruit Salad GF EF DF	$3.50	$4.50	$6.00

SNACKS

Weetbix Chocolate Slice EF	$1.00	Boiled Egg GF DF	80c	Veggie Sticks w/ Hummus GF EF DF Add Cheese 50c	$3.50
Apricot Coconut Bites (2) GF EF DF	$1.20	Chocolate Chip Cookie	$1.00	Veggie Sticks w/ Tzatziki GF EF Add Cheese 50c	$3.50
		Mini Double Choc Cookie	50c		
Piece of Fruit – Apple or Banana GF EF DF	$1.00	Banana Bread	$2.50	Yoghurt, Fruit & Homemade Muesli	$3.50
Orange (cut) GF EF DF	$1.50	Banana Bread Toasted - Butter 30c	$2.80	Muffin – Baked each day, see table below	$2.50
Watermelon GF EF DF	$2.50				
Apple Slinky GF EF DF	$2.00	Chocolate Cake GF	$1.00	Cheese and Crackers	$2.20

HOT FOOD – Lunch Only	Small	Medium
Nachos GF EF (Corn Chips, Cheese, Beans, Guacamole & Sour Cream)	$4.60	$6.50
Haystacks GF EF (Corn Chips, Cheese, Beans, Lettuce, Tomato, Cucumber, Capsicum, Guacamole & Sour Cream)	$5.10	$7.00
Burrito EF (Rice & Quinoa, Beans, Black Beans, Cheese, Spinach, Guacamole & Sour Cream)	$6.00	
Garlic Bread EF DF	$1.50	
Hotdog EF DF (Sauce 30c)	$3.50	
Hotdog and Cheese EF (Sauce 30c)	$3.80	
Jacket Potato with Sour Cream and Cheese GF EF (Potato, Cheese & Sour Cream)	$4.00	
Jacket Potato Nacho Style GF EF (Potato, Cheese, Beans & Sour Cream)	$5.00	
Homemade Spinach and Feta Roll (Sauce 30c)	$4.50	
Homemade Vegetarian Sausage Roll (Sauce 30c)	$4.50	

SPECIALS OF THE DAY The following menu items are only available on the day specified below.		
Mon	Cheese or Cheese and Pineapple Pizza EF $4.00 / $4.50 GF AVAILABLE ON REQUEST	Banana & Choc Chip Muffin - $2.50
Tues	Spring Rolls with Thai Sweet Chili Sauce EF DF	Apple Cinnamon Muffin - $2.50
Wed	Cheese or Cheese and Pineapple Pizza EF $4.00 / $4.50 GF AVAILABLE ON REQUEST	Blueberry Muffin - $2.50
Thurs	Potato Gnocchi EF with Homemade Napolitano Sauce & Parmesan Cheese Small $5.00 Large $6.50 GF AVAILABLE for additional $1.00	Banana & Choc Chip Muffin - $2.50
Fri	Macaroni & Cheese with Homemade Cheese Sauce EF Small $4.50 Large $6.00 GF AVAILABLE for additional $1.00	Mixed Berry & White Choc Muffin - $2.50

DRINKS			
Juice Poppers 250ml GF EF DF – Apple, Apple & Blackcurrant, Orange	$1.50	Glee 250ml GF EF DF – Blackcurrant, Grape, Raspberry, Tropical	$2.50
Spring Water 600ml GF EF DF	$1.50	Chill Iced Tea 250ml GF EF DF – Blackcurrant, Peach, Raspberry	$2.50
Full Cream Milk 300ml GF EF	$1.20	Up & Go 250ml EF – Banana, Chocolate, Strawberry, Vanilla	$3.00
Sipahh Straws EF – Chocolate, Cookies & Cream, Marshmallow, Strawberry	$0.50	Waterfords Sparkling Mineral Water 475ml – Tahitian Lime, Orange Mango, Orange Passionfruit, Apple Berry GF EF DF	$3.50
Breaka 300ml GF EF – Chocolate, Iced Coffee, Strawberry	$2.50	Hot Chocolate 350ml GF EF	$2.50
Breaka 500ml GF EF – Chocolate, Iced Coffee, Strawberry	$3.70		
CHIPS		**ICE CREAMS**	
Popcorn 13g GF EF DF	$0.50	Quelch Fruit Sticks GF EF DF – Mango, Orange, Pineapple, Tropical	$0.50
Pretzels 30g EF DF	$1.50	Mini Calippo GF EF DF – Raspberry & Pineapple	$1.20
Grain Waves 28g EF - Sour Cream & Chives	$1.50	Paddlepop GF EF DF – Icy Twist	$1.50
Piranha Snaps GF EF DF - BBQ, Light & Tangy Salsa, Oregano & Thyme	$2.00	Bulla Vanilla Cup GF	$1.50
Smith's 45g GF EF - Cheese & Onion, BBQ, Original & Salt & Vinegar	$2.50	Paddlepop – Banana, Chocolate, Rainbow	$2.00
Red Rock Deli 45g GF EF - Balsamic Vinegar, Sea Salt, Sweet Chilli & Sour Cream	$2.50	Twisted Frozen Yogurt GF – Watermelon & Mango, Strawberry & Vanilla, Chocolate & Vanilla	$2.50

Please Note: Primary Students are not permitted to purchase Iced Coffee drinks.

For Munch Monitor assistance help@munchmonitor.com or 1300 796 190